

# THE MELFORD RURAL DISTRICT

IN THE ADMINISTRATIVE COUNTY OF WEST SUFFOLK.

# ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR 1937

## SECTION A.

## 1.—Statistics and Social Conditions.

Area 47.270 acres. Population (Registrar General's estimate) 11,110. No. of inhabited houses 3,453 Rateable Value £35,082.

Sum represented by a penny rate £128 10s. od.

## SOCIAL CONDITIONS.

The occupation of the majority of the inhabitants still remains agricultural, but there is a slight increase in the number of persons working in factories. No great amount of unemployment exists.

# 2.—Extracts of Vital Statistics of the year.

LIVE BIRT	HS.	} Legi	timate, itimate,	Total. M. 138 75 11 6	63 5} 149	Live H	Birth	Rate <sub>I</sub>	per 1000	0, 13.4.	Eng	gland &	& Wale	s, 9.
STILI BIRT	L HS.	} Legi	timate, itimate,	10 } 4	6 10	Rate p Rate p	er 10	oo pop	oulation al Birth	1, .90. 1s, 62.8	Engla	and & V	Wales, .	6.
DEAT	HS.	} Male Female	ale,	102 } 193		Death	Rate	e } Gro	oss 17.3	3. Eng	gland	& Wa	les, 12.	4.
	I	Death R	ate correc	ted to mak	e it compar	rable wit	h Eng	gland a	nd Wal	es	12	2.28.		
(A)	Numl	ber of v	women d	ying in co	onsequence	e of chil	d-bir	th }		pis auses Total		Rate total	per 100 births	0
(B)		All in Legit: Illegit	ifants per imate inf timate in	r 1000 live fants per 1 nfants per	ear of age. births, 60 1000 Legit 1000 Illeg	o.4. En imate l itimate	ive b live	irths births	57.9.	, 58.				
(c)	Death	hs from	Cancer	(all ages)		• • •	:	24						
(a)	,,	,,	Measles	(all ages)	 ) n (all age			0						
(E)	,,	,,	Whoopi	ing Cough	ı (all age	es)	• • •	0						
(F)	,,	,,	Diarrho	ea (under	2 years of	age)	•••	0						
					SEC'	TION	B.							

### SECTION B.

# General Provisions of Health Services.

A. Public Health Officers of the Local Authority.

Medical Officer of Health—part time.

Sanitary Inspector—one—whole time. Diploma of Royal Sanitary Institute. Diploma of Sanitary Inspectors' Association.

One full time Clerk.

B. LABORATORY FACILITIES. No change.

#### C. AMBULANCE FACILITIES.

There is no change in these arrangements. The ambulance, stationed at Sudbury and staffed by the Red Cross Detachments of Sudbury and Melford, has proved itself to be extremely helpful, and is adequately serving the district.

#### D. NURSING IN THE HOME.

All parishes are now served by District Nurses, who are also Midwives.

There are no arrangements for nursing infectious cases.

#### E. CLINICS AND TREATMENT CENTRES.

None maintained by Local Authority.

No change in those maintained by County Council.

#### F. Hospitals.

None maintained by Local Authority.

No change in arrangements for the admission of infectious diseases to Colchester Isolation Hospital.

### SECTION C.

# Sanitary Conditons in the Area.

#### WATER.

Water is still obtained over the greater part of the area from scattered wells. Chemical analysis of samples of water from these wells is done as required.

The schemes for a piped supply for the area are not yet in active preparation. A well has been sunk in Cornard and a pure and plentiful supply found, but no further progress has been made.

## DRAINAGE AND SEWERAGE.

No change during the year.

### RIVERS AND STREAMS.

No action during the year.

## CLOSET ACCOMMODATION.

Number in district at end of year:

- (1) Privies 1,147. (2) Pail Closets 1,600. (3) W.C.'s. 350.
- (4) No. of privies converted to pail closets 11.
- (5) No. of privies, pail and earth closets converted to water-carriage system during year o.

#### SCAVENGING.

No change during year.

## SHOPS ACT 1934.

No action taken under this Act.

#### SMOKE ABATEMENT.

No action taken.

## SWIMMING BATHS.

None in the area.

#### SANITARY INSPECTION OF AREA.

Tabulated Annual Summary for year ending Dec. 31st, 1937.

																	_				-	
	Acton.	Alpheton.	Assington.	Boxted.	Bures St. Mary.	Chilton.	Great Cornard.	Little Cornard.	Glemsford.	Hartest.	Lawshall.	Leavenheath.	Melford.	Nayland with Wissington.	Newton.	Shimpling.	Somerton.	Stoke-by- Nayland.	Stanstead.		Lt. Waldingfield.	Total.
Complaints received			I		2		_	I		2	ī		2	4								18
Nuisances detected Nuisances abated by Statutory Notice	12	2	3		7		9	2	14	7	9	5	30		18	2		10	4	16	6	167
served	l								6			2										8
Nuisances abated without notice served	12		2		7		9	2	3	6	7	3	21	13	13	T	Ι	9	• • •	16	6	131
Nuisances being dealt with		2	I	•••	/		9			2	2	3	8	I				9 I	Ι	I		28
Offensive accumulations removed	I	I	2		10	•••	~	Ι	3	6	2	·	28		5	ı	• • •	7	2	I	Ι	86
Houses newly erected	1	1	_		3	I	7				4	1		4	3 I	1	• • •	/	2	1	T	
Houses in course of erection	1				3	1	5	3	•••		Ι	1	•••	•••	1		•••	•••	* * *	• • •	•••	15
Houses disinfected	1		т		2		13 1	• • •	•••	• • •	1	• • •	٠		• • •	• • •	• • •	 I	• •	• • •	• • •	14
Filthy Houses cleansed			1	• • •	_	I	7	• • •	• • •	• • • •	•••		5	1		• • •	• • •	1	•••		• • •	II
Houses overcrowded (abated)	T		I			1	I		•••	•••	•••	• • •	2	• • •	1	• •	• • •	***	• • •	2	· · ·	4
Schools inspected	I		I		1		I		Ι	Ι	Ι	Ι	2	 I	I	ı	• • •	I	 I	I	I	17
Schools disinfected	1		1		I		•					1		I	1	1	•••		1	1	1	2
Wells (new)		I		•••	2		5	•••		• • •	т.	• • •	•••	1	· · ·	···		•••	•••		••	10
Wells (cleaned out, deepened, etc.)					2	•	J	Ι			1	•••		• • •	I			2	• • •			6
Samples of water taken for analysis	I				3		3				2		•••			• • •	• • •		•••	I		22
Privies (new)	١		I		2	2	4	4	• • •	•••	I	3	3	3	2	• • •	• • •		• • • 	1		36
Privies (repaired)							4	3	2	• • •	1		3 4		3			3 2	•••	3 2	4	17
Privies (converted into pail closets)	2				1		_	•••	2	• • •	•••		3	•••	2		•••		• • • •	ł I		II
Sewers (repaired, relaid, etc.)	-						•••	• • •		• • •	•••	• • • •	J	•••	•••		• • •	3		3		I
Ditches cleansed					•••		•••	•••	т.	т.		• • •	5	•••	• • •		• • •	 I	•••		•••	6
Sink pipes disconnected			•••	•••	Ι		1	• • •	1	I			3				• • •	1	•••		• • •	8
Drains (new)	Т		2			1	9	• • •	2	I	Ι	• • •	3 4	_	2	)	•••	2			I	29
Drains (improved)			I		3	1	9 I	• • •		I	1	• • •		•••	I		• • •	4			1	6
Drains tested with water	I		2		3	1	9	•••	2	I	I	• • •	1	• • •	2			2	• • •	•••	Ι	29
Slaughter Houses inspected	1.				I	1	9 I	• • •		2	I		4 3	1	I	I		3		I	1	21
Dairies and Cowsheds inspected	4	I	5	I	3	2	3	I	3	5	2	2	10	4 5	3	2	• • •	4	3	5	2	69
Dairies and Cowsheds repaired, etc	T.		3		)		I	1		J	_	I	2	3	J	!!	• • •	4	)	3	٦	
Animals improperly kept, removed							•	• • •	I	1		1		•••	1	1	• • •	•••	•••	I		7
			7		I		ı		5	2		• • •	6	3	• • •		• • •	 I	•••	1	•••	20
Workshops inspected	I	I		I		2	4	I	6	3	I	•••	12	3	I	Ι	•••	2		I	Ι	
Outworkers visited							4	•		J		A			1	1	•••			1	1	45
Outworkers' lists received										T		4 I		• • •	•••		•••	•••	• • •		• • •	5 2
Total number of inspections and visits									•••	1		1		•••	••		•••	•••		•••	• • •	
made																						1700
Letters sent out							•	• • •		• • •			•••	•••	í			• • •			•	800
	15	20			30	IO	40	20	40	30	25	12	150	35					T =	30	Τ2	559
1					5		T		T	50	-5		150	55		13	• • •	40	13	50	1 2	229
					-			-	-	-		-										

GEO. F. RAMPLING, M.S.I.A., Sanitary Inspector.

# ERADICATION OF BED BUGS.

- (1) Number of houses found to be infested
  - (a) Council Houses ... o
  - (b) Other Houses ... 4
- (2) Number of houses disinfected 4.
- (3) Method employed for disinfecting.

Cimex, or Sulphur Dioxide Gas, periodic treatment, fumigation done at intervals of three weeks.

- (4) Methods employed for protecting Council Houses from infestation. The matter has not arisen during year.
- (5) Disinfestation is done by Local Authority.
- (6) Measures taken by way of supervision and education of tenants to prevent reinfestation of houses.Instruction and inspection by Sanitary Inspector.

#### SCHOOLS.

There has been no change in the sanitary condition and water supply of the schools in the area. In two schools the water has to be carried from wells on private premises, and in one the water is fetched from a public well.

#### CLOSURE OF SCHOOLS.

There were no epidemics of Notifiable Diseases affecting the schools to any extent. A case of Scarlet Fever, infected outside the area, attended school and 2 cases resulted. The carrier was discovered and the spread stopped. The other cases either were infected outside the area or were sporadic and could not be traced.

The Non-notifiable diseases caused the closure of several schools. The following schools were closed for Measles:—

Cornard 12 days. Shimpling 15 days. Nayland 10 days. Leavenheath 10 days. Shimpling 16 days.

These were all in the months of May, June and July.

Influenza led to the closure of Leavenheath for 12 days in February.

Leavenheath was also closed for Chickenpox in October.

## SECTION D.

## Unfit Houses.

## 1. INSPECTION. (1) Total number of dwelling houses inspected for defects (under Public Health or Housing Acts) . . . 559 Number of inspections made for the purpose 559 (2) Number of dwelling houses which were inspected and recorded under Housing Consolidated Regulations, 1925 ... 126 Number of inspections made for the purpose ... 126 (3) Number of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation ... 126 (4) Number of dwelling houses (exclusive of those referred to above) found not to be in all respects reasonably fit for human habitation ... 241 II. REMEDY OF DEFECTS WITHOUT SERVICE OF FORMAL NOTICE. Number of defective dwelling houses rendered fit in consequence of informal action by local Authority or their officers 7 III. ACTION UNDER STATUTORY POWERS. A. Proceedings under Sections 9, 10 and 16, Housing Act, 1936. (1) Number of dwelling houses in respect of which notices were served requiring repairs 80 (2) Number of houses which were rendered fit after service of formal notice:— (a) By Owners ... ... 80 (b) By local Authority in default of Owners B. Proceedings under Public Health Act. (1) Number of dwelling houses in respect of which notices were served requiring repairs ... ... ... ... (2) Number of houses which were rendered fit:— (a) By owners ... ... ...(b) By Local Authority in default of Owners 0

	C. F	roceedings und	er Sections	11 and 13	of Housin	g Act, 1936.			
	(	Number of	dwelling h	ouses in r	respect of v	vhich demo	lition orders	s were	
	(:	made 2) Number den	 nolished	•••	•••	* * *	•••	•••	
	Ì			•••	•••	• • •	***	• • •	C
		roceedings und			_				
	(	t) Number of s closing orde	eparate ten	iements or de	undergrou	ind rooms in	respect of	which	C
	(:	2) Number of s	separate ten	nements of	r undergrou	and rooms in	respect of	which	
		closing ordered fit	ers were d	letermined	l, the tene	ement or ro	om having	been	C
			•••	•••	•••	* * *	* * *	•••	
IV. HO	USIN	G ACT, 1936,	Part IV.	OVERC	ROWDIN	IG.			
In	conne	ction with the	above Act,	a complet	le survey of	f all workin	g class hou	ses with	in the
em	ployi	was made, and ng special enum	all habit	able roon	ns measure	ed and reco.	rded. This	was do	ne by
	A.	(1) Number of	f dwellings	overcrow	ded at end	of year	•••	•••	65
			f families d	welling th	herein		•••	•••	65
		(3) Number of	f persons	,,	,,	•••	•••	•••	414
F	3.	Number of ne	ew cases of	overcrow	ding report	ed during y	ear	•••	I
C	C. (1	) Number of c	ases of over	crowding	relieved d	uring the ve	ar	•••	6
	(2			Ŭ	•••			•••	$40\frac{1}{2}$
т	<b>.</b>		. 1		1 1 6	1: C	1'		
1.	). п	ouses which ha	ve become	overcrow	ded after r	ellel of ove	rcrowding	•••	0
		ouses which wer architect who						on have	been
Group	(1)	Repairable co	ottages of a	rtistic me	rit which s	should be pr	eserved, 73.		
,,	(2)	Repairable co							
,,	(3)	Cottages of li							, 52.
,,	(4)	Houses which There are in				as the only	remedy, 13	7.	
			_	Ü		come operat	ive until ho	uses are	built,
		whi	ch will not	be until	1938—14 h	ouses.			·
			arance Orde confirmatio		ering 106 h	ouses, have	been sent to	o the Mii	nistry
			ensive repaisideration.	irs have t	peen done	in 2 cases.	The rest a	re still u	under
,,	(5)	Cottages not	included in	the above	e 5 groups,	36.			
			s	ECTIO	N E.				
		Incua	etion an	d Can	muician	of Food			

# Inspection and Supervision of Food.

## MILK.

RETAIL PURVEYORS.

No. on Re	gister	•••	• • •	•••	50
Number o	f Inspect	ions of	Premises	•••	36c
,,	Contra	vention	s found	• • •	9
,,	,	,	remedied		9

## COW KEEPERS (other than retail purveyors).

No. on Register Number of Inspections of Premises 68 Contraventions found ... (including those requiring cleansing and structural alterations). Number of Contaventions remedied

found to require cleansing 8 structural

alterations Examination of samples is done by the County Council.

Number of Bacteriological samples taken

#### MEAT.

There is no Public Slaughter House.

Private Slaughter Houses,

In Jan. In Dec. No. Registered ... 22 22 Number Licenced

Number of Inspections of Premises ... 380

at time of

Slaughter 300

The mutual insurance run by the Butchers' Association against meat being condemned is working well, so that meat is surrendered if it is in any way of doubtful quality.

## MEAT INSPECTION, Carcases inspected and condemned.

	Cattle, ex- cluding Cows.	Cows.	Calves.	Sheep and Lambs.	Pigs.
Number killed (if known)	1352	208	104	7800	1 3000
Number inspected	. 450	69	34	200	4500
ALL DISEASES (except T.B.)  Whole carcases condemned	. 2		_	I	3
Carcases of which some part or organ was condemned	. 20	6			25
Percentage of the number inspected affected with disease other than tuberculosis	4.8	8.6	_	•5	6.2
TUBERCULOSIS ONLY.  Whole carcases condemned	4	4 ·	_		II
Carcases of which some part or organ was condemned		6			25
Percentage of the number inspected affected with T.B	5.3	14.4	_	_	.7

### ADULTERATION.

Inspection under the Food and Drugs Act, 1928, is done by the County Council.

## CHEMICAL & BACTERIOLOGICAL EXAMINATION OF FOOD.

This is also done by the County Council.

#### NUTRITION.

No special steps have been taken to instruct the inhabitants of the area.

#### SHELL FISH.

There are no beds in the area.

## SECTION F.

## Notifiable Diseases.

#### SCARLET FEVER.

There were 7 cases notified.

These were all scattered cases and did not spread. One in Bures was the result of a case, which occurred last year, returning to school too soon. Another in Bures was infected by visitors to the area, and another was untraced.

In Nayland there were 2 cases, widely separated as to time, one infected by a visitor and one infected by going away.

In Melford there were 2 cases in November, and neither of these could be traced.

#### DIPHTHERIA.

One case only which was untraced.

#### PUERPERAL PYREXIA.

There were 4 cases notified. Of these, 2 were febrile diseases occurring at the time of childbirth, and one was a case of Sapraemia, and one was due to an abscess in breast.

## DISEASES NOTIFIED DURING 1937.

Scarlet Fever Anterior Poliomyelitis		Total Cases notified.	Cases admitted to Hospital.	Deaths.
		I	•••	• • •
	•••	7	5	• • •
		I	I	•••
Puerperal Pyrexia		4		
Pneumonia		I	·	

## AGE OF INCIDENCE OF NOTIFIABLE DISEASES.

Cases.		Under year.	1	2-	3-	4-	5—	10	15—	20	35—	45-	65 & over
Diphtheria		•••			•••			•••			I		• • •
Scarlet Fever		•••	•••			I	3	2	• • •	• • •	I		• • •
Anterior Poliomyelitis		•••	•••				•••	I		• • •		•••	
Puerperal Pyrexia			•••				• • •			4			
Pneumonia	)	•••			• • •						1	•••	I

## PREVENTION OF BLINDNESS.

No action taken under Section 66 of the Public Health Act, 1925.

### TUBERCULOSIS.

No action taken under either Public Health (Prevention of Tuberculosis) Regulations, 1925, or under Section 62 of Public Health Act, 1925, or Section 172 Public Health Act, 1936.



## TUBERCULOSIS.

			New	Cases.		Deaths.					
Age Periods.		Pulmonary.   Non-Pulmonary.			Pulmo	onary.	Non-Pulmonar				
	:	М.	F.	M.	F.	М.	F.	M.	F.		
Under one year	• • •	•••	•••		 I		•••		•••		
5— 10—	•••	•••	•••	 I	I	•••	•••		•••		
15— 20—	• • •		2 2		2 I	•••	ı	•••	•••		
25— 35—	•••	2 I	•••		 I	•••	•••	•••	•••		
45— ··· ·· 55— ··· ··· 65 and over ···	•••	2	•••			•••	I		•••		
Total	•••	5	4	I	6	0	2	0	°		
		g			7		2				

R. W. RIX, M.O.H